



Project O'YEAH

Young Adult Transition Initiative

Building Block by Block



Pnina Goldfarb Ph.D., Research Associate
Brian McBride, Program Coordinator
Rebecca Sommerfield, Peer Specialist

Operating Principles

Young Adults with Mental Health Needs:

1. Are a heterogeneous population in which needs vary based on:
 - general & mental health characteristics
 - Although having different priority levels for individual Young Adults, generally the needs fall into critical domains/dimensions of adult life:
 - **Living** (housing)
 - **Working** (employment)
 - **Learning** (school/training)
 - **Belonging** (friendships)
 - **Healing** (health)
 - **Being Safe**

(Franz, J. 2010)

Operating Principles ...continued

2. Desire independence and the opportunity to direct their own futures, especially if they have been in the system...Therefore...

ENGAGEMENT is a critical factor
to success

Moving Toward a Practice Model

Given that:

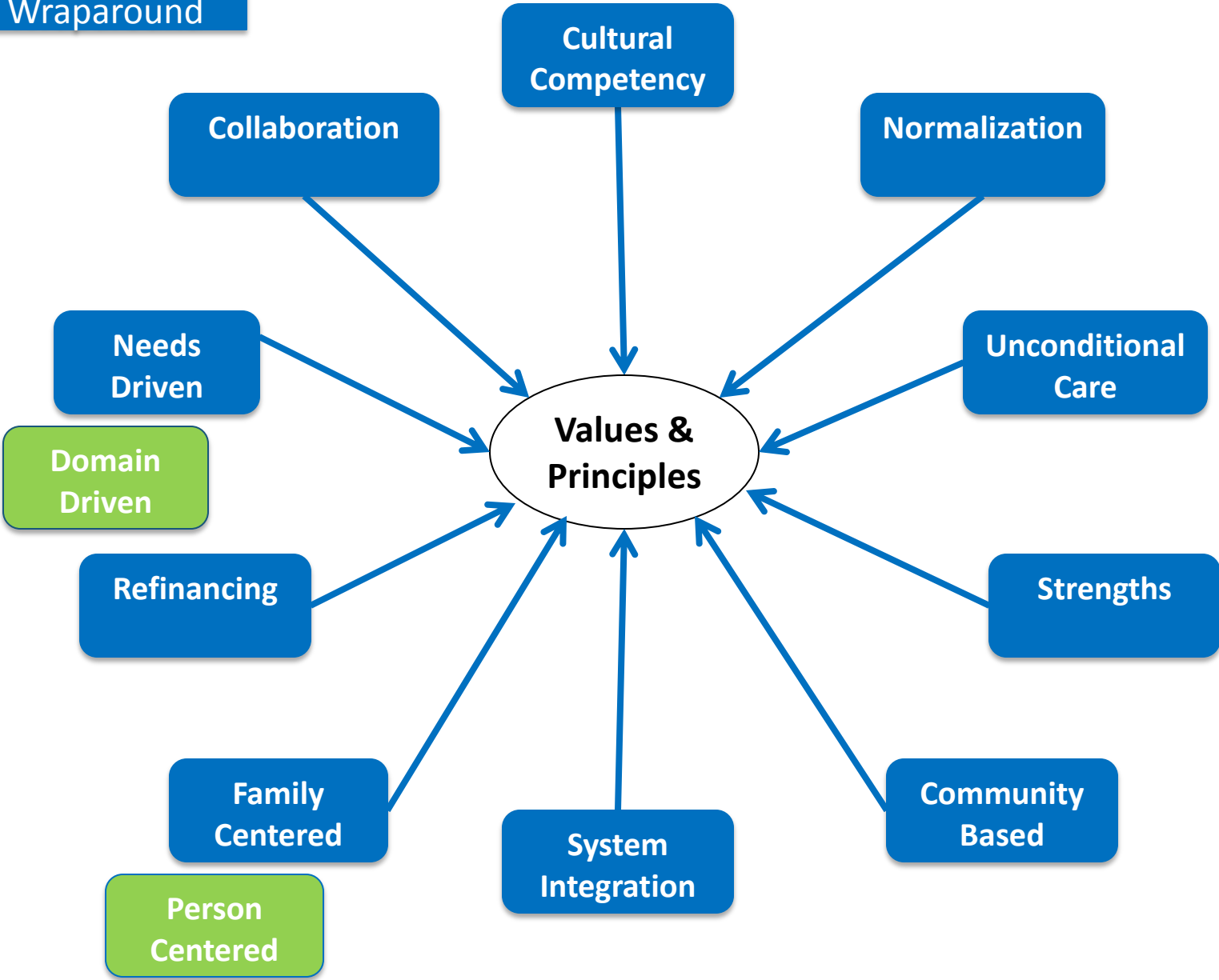
1. The majority of our youth come from Wraparound
2. That the community recognizes and generally accepts this model as a community approach
3. We have a long history of embracing the Wraparound model
4. An underlying principle of Wraparound is *Engagement*

Wraparound Values & Principles:

Adopted/Adapted by O'YEAH

OYEAH

Wraparound



O'YEAH

A successful model
for providing
quality care to
Young Adults

Based on a Set of Values & Principles: (Beliefs)

- Person Centered (Voice & Choice)
- Individualized & Strength Based
- Community Based
- Domain Driven
- Culturally Competent
- Unconditional
- Collaborative
- Including Natural Supports
- Outcome based
- Financially Efficient/flexible funding

Theory of Change O'YEAH

Get (Strategies)

- Use Tiers of Service
- Institute the Practice Model based on Wraparound
- Domain Driven
- Use individualized Futures Plans
- Develop Resource Center
- Use of Peer Specialists
- Train Wraparound staff about transitional needs
- Use of formal & informal services
- Use of targeted collaborative relationships
- Flexible funding

Do (Results)

- Engage & Empower young adults
- Provide a continuity of service as young adults leave the children's system of care
- Young Adults actively involved in directing their futures
- Development of a peer support network
- Increase housing options
- Program sustainability
- Positive customer satisfaction

Values and Principles

Basic principles and values lead to :

Program Structure

Program Process



Program Structure

Values & Principles



Structure

- Person Centered
- Individualized
- Community Based
- Collaborative
- Natural Supports
- Efficient/Flexible Funding

- Transition Specialists
- Tiers of Service
- Futures Plans & Portfolios
- Resource Center
- Peer Specialists
- Formal & Informal Services
- MOU with Adult Services
- Housing Authority
- Medicaid Eligibility

Program Process

Values & Principles



Process

- Domain Driven
- Strength Based
- Culturally Competent
- Unconditional
- Outcome based

- Practice Model
- Fidelity measures
- Tracking Progress

The Main Process Elements



The 4 Phases of Wraparound

Practice Model of O'YEAH

Wraparound

- Team Preparation/ Engagement & Welcoming
 - Family Centered
- Initial Plan Development
 - Youth & Family Vision & Needs
 - Development of a Plan of Care
- Plan Implementation & Refinement
 - Focus on family & entire team
- Plan Completion & Transition
 - Focus on transition out of Wraparound

O'YEAH

- Relationship Formation
 - Person Centered Engagement
- Planning
 - Domain Review
 - Development of a Futures Plan
- Action
 - By Young Adult
 - Transition Specialist ongoing support
 - Community Supports & Services
- Transfer of Learning & Leading
 - Transition to adulthood without assistance
 - Helping others

Futures Plan

- Directed by the young adult
- Includes:
 - Personal vision
 - Strengths & Interests
 - Identified goals and strategies along the Domains that the youth chooses to work on
 - Benchmarks
 - Well Being Plan
 - Written in 1st person
 - Is the personal possession of the young adult

Domain Review

- Across all Domains
 - **Living** (housing)
 - **Working** (employment)
 - **Learning** (school/training)
 - **Belonging** (friendships)
 - **Healing** (health)
 - **Being Safe**
- Ratings
 - High
 - Medium
 - Low
 - None
- *Backbone* of the with Futures Plan

Transition Summary

- Identifies very specific transition needs
- Identifies specific resources in the community
- Ties in with:
 - the Domains
 - Futures Plan
 - Portfolios



The Main Structure Elements



Tiers of Service

- Tier 1
 - Support through the Resource Center
- Tier 2
 - Assigned a Transition Specialist
 - Support through the Resource Center
- Tier 3
 - Collaboration & Transition to Adult Services

Resource Center

- Computer Laboratories
- A monthly calendar of educational programming
- Peer Specialists
- Move Wisconsin

The logo for Owen's Place is displayed on a white rectangular background that is tilted. The text "owen's place" is written in a bold, black, lowercase sans-serif font. The word "owen's" is on the top line and "place" is on the bottom line. The letter 'o' in "owen's" has a red dot, the 'e' has a yellow dot, and the 'p' in "place" has a blue dot. The 'a' in "place" has a yellow dot, and the 'e' at the end has a red dot.

**owen's
place**

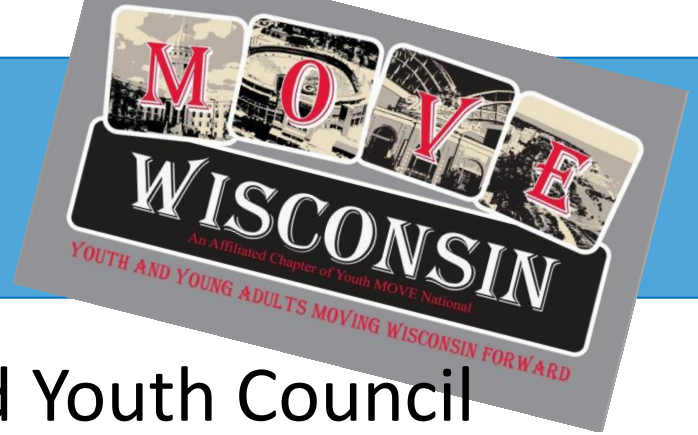
Peer Specialists

- Training
- Certifying
- Hiring



Pear to Pear Cheer Support

Move Wisconsin



- Emerged out of Wraparound Youth Council
- Designed as a youth leadership group
- State-wide chapter of Youth Move National
- Organizes the youth voice through work on:
stigma reduction... suicide prevention...
homelessness... self advocacy

Fidelity

- Training modules on:
 - Transition
 - Engagement Approaches
 - Best Practices
- Satisfaction Survey on:
 - Engagement
 - Planning