

Children's Health Insurance Program Reauthorization Act of 2009 (CHIPRA) Quality Demonstration grant program.

Georgia is working with Maryland and Wyoming in an innovative multi-State learning collaborative, led by the Center for Health Care Strategies (CHCS), to implement a comprehensive provider-based model of service delivery for youth with serious behavioral health challenges. The three States represent diverse geographic areas and Medicaid structures and a range of experience in using the model, known as a care management entity (CME).

Georgia's Objectives

As one of the States in this tri-State partnership, Georgia is working to expand an existing CME to improve the quality and cost of care for Medicaid and CHIP children with serious behavioral health challenges. Georgia aims to improve: 1) access to home and community-based services; 2) clinical and functional outcomes; 3) cost outcomes; and 4) family and youth resiliency for children and youth with serious behavioral health needs.

Assessing a Provider-Based Model of Care

CMEs utilize the wraparound practice approach, which includes the following activities: a youth-guided, family-driven, individualized, and strengths-based service planning approach that is coordinated across agencies and providers; intensive care coordination; peer support; and home- and community-based services as alternatives to costly residential and hospital care. In 2011, the three partner States implemented the necessary project planning tool developed by CHCS to quantifiably measure their collaborative-wide goals and determine which data are available to monitor progress.

Specifically, Georgia is:

1. Expanding the population of children and youth served by CMEs.
2. Evaluating and refining the State's current CME model. (Completed)
3. Evaluating and refining the CME financing model and rate structure.
4. Establishing a continuous quality improvement framework for CMEs.
5. **Developing a network of credentialed family and youth Peer Support Specialists.**

Testing an Approach to Quality Improvement of Georgia's Own Design

Using resources available through the CHIPRA grant award, Georgia is developing and implementing a statewide network of certified parent and youth Peer Support Specialists. The project is intended to enhance the behavioral health workforce to include skilled and trained peer specialists in each region of the State who will be easily accessible to families and youth throughout the system. A total of 150 parent/youth peer specialists will be targeted for training and certification over the course of the grant. Some workforce attrition is expected, resulting in a pool of 120 certified parent and youth peer specialists engaged in the workforce by the end of the grant. The demonstration evaluation will incorporate information such as cost analyses, cost

allocation, the number of trained specialists employed, the utilization of specialists across child-serving agencies, and the impact on policy change and development at the administrative level.

Update on Certified Peer Specialist

Goal 3: Evaluate and refine CME financing model and rate structure

- A cost study by a DCH (Department of Community Health) contractor is in progress to analyze the rates
- Due to strong advocacy and partnership between Department of Behavioral Health and Developmental Disabilities (DBHDD), DCH and the Governor's Office, BIP (Balancing Incentives Program) was approved as a funding source for CMEs

Goal 5: Develop network of credentialed family and youth peer support specialists

Identify models of Family/Youth Peer Support and certification currently in use in CMEs in GA and other states

- CBAY/CME High Fidelity Wrap definition of the Family Support Partner (FSP)
- Federation of Families: Core Competencies of Parent Support Providers & Parent Support Provider Self –Assessment Training Checklist
- SAMHSA – Children & Youth Services: Parent/Family/Caregiver Support
- CHCS - Peer Support Medicaid Matrix National Scan

Identify the elements of the Georgia Adult model which are necessary to supplement a chosen F/Y Peer Support curriculum

Adult CPS

- *5 Stages of Recovery*
- *Language as a Tool to Combat Stigma*

Certified Addictions & Recovery Empowerment Specialist (CARES)

- *Science of Addiction & Recovery (SOAR) Parent/Youth version and TOT*

Parent CPS-P Update

- The first pilot of the Parent Certified Peer Specialist training occurred in Oct 2013
- 29 participants trained and certified
- The length of the training was reduced from 7 days to 5

- 2 more classes are planned for 2014
- Started evaluations of participant gains to provide evidence to the DCH that this new group of professionals has the competency/knowledge needed for the DCH to consider amending the Medicaid State Plan to include their services/professional credential.

CHIPRA Youth CPS Curriculum Development

- The CHIPRA, Youth (CPS-Y) meetings are designed to create a platform to cultivate young Georgia leaders who have lived experience to develop the curriculum and training for the Youth CPS-Y.
 - *Create a foundation of effective, knowledgeable youth who are potential candidates for future certification.*
 - *Create forum for youth to identify and articulate family needs to be addressed by (CPS-Y)*
 - *Identify design elements and components for Youth Peer Specialist Curriculum.*
 - *Review the definition of family driven and youth guided care.*
 - *Create a shared vision*
 - *Enhance Youth skill set to effectively contribute to the workforce.*
 - *Identify the gaps that C&A Providers can fill.*

Youth Training

- WRAP – Wellness and Recovery Action Planning - GMHCN
- Suicide Prevention – Sources of Strength, Adam Lesser
- Federation of Families National Conference
- Georgia System of Care Conference & CHIPRA Summit
 - Georgia Behavioral Health System , DBHDD, Dr. Linda Henderson
 - Education & Leadership –Federation of Families Children Mental Health
 - Advocacy – Empowerment
 - Psychotropic Medications
 - Adult CPSs/CARES