

WORKPLACE SUPPORT RESOURCES INVENTORY FOR PARENTS OF CHILDREN/YOUTH WITH DISABILITIES			
Resource	Available?	Accessed?	Strategy to Access or Gain More Info
FLEXIBLE WORK ARRANGEMENTS			
Change start/stop times			
Work any hours to equal FT			
Telecommute/work from home			
Move FT to PT, reverse if needed			
Swap schedule with coworkers			
Temporary reduction in workload			
Information in handbook on how to request or negotiate			
LEAVE POLICIES			
Paid provide			
Unpaid provided			
Sick provided			
Can use above leave flexibly			
Family medical leave			
Time off for seriously sick child			

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Resource	Available?	Accessed?	Strategy to Access or Gain More Info
TIME-OFF POLICIES			
For child's medical appointments			
For child's teacher meeting			
For care coordination			
For child emergency/crisis			
Coworkers can donate their time			
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CHILD CARE			
On-site child care with staff trained for child with disabilities			
Specialized resource & referral			
Child care subsidies, vouchers			
Flexible spending accounts			
Child come to work occasionally			
HEALTH BENEFITS			
Comprehensive coverage for child's needs			
Choice of plans			

Resource	Available?	Accessed?	Strategy to Access or Gain More Info
Coverage available for PT			
Dental, vision, or mental health			
PEOPLE			
Supportive supervisor			
Supportive coworker(s)			
Knowledgeable & support-live HR			
Notified quickly if emergency call about child			
Affinity or support groups, networks for employees with child-disabilities			
Employee Assistance Program			
OTHER			
Can take & make personal child related calls			
Workshops, seminars on children/youth with disabilities			
Disabilities information on company intranet			
Affinity groups in our organization of other families caring for children/youth with disabilities			

* Based on Employee Benefits Study for Children with Special Health Care Needs (See http://www.familyvoices.org/admin/work_workplace/files/HelpfulEmployeeBenefits.PDF, and Perrin, J.M., Fluet, C.F., Honberg, L., Anderson, B., Wells, N., Epstein, S., Allen, D., Tobias, C., & Kuhlthau, K.A. (2007). Benefits for employees with children with special needs: Findings from the collaborative employees benefits study. *Health Affairs*, 26(4), 1096-1103.