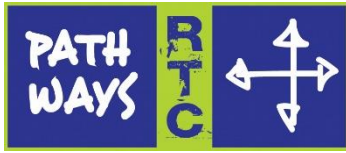


## Questions for Supporting Young People in their Advocacy

---

The following questions are designed to help you think about how you could apply the ideas from this video brief on supporting young people in their advocacy for program improvements in your work. We encourage you to discuss these questions with a supervisor or coworkers, or if unable to, reflect on them individually.

1. Lacy Kendrick Burk Dicharry describes the **traumatizing effects of system involvement** on youth and the need to engage young people in advocacy to better meet their needs without re-traumatizing them.
  - What traumatic effects of service system involvement have you noticed or heard about?
  - How have you addressed the effects of trauma on youth you have worked with?
2. Ms. Dicharry presents the **TIME model developed by Cady and Ludlow** as a framework for adults supporting young people engage in public advocacy.
  - How have you supported young people in advocacy for program improvements?
  - What else could you do to support youth advocacy?
  - How do you see Ms. Dicharry's approach as relevant in your work?
3. As Dr. Schweitzer describes, **systems are typically not designed to support youth empowerment**, so it's important to explain this reality to young people who want to become advocates.
  - What can you do to assist the young people you work with to become involved in advocacy?
  - What are some ways to prepare young people for the challenges they might encounter as they engage in advocacy?
  - Are there ways you could influence your organization to be more receptive to youth input?
4. Martin Rafferty suggests inviting young people who have received services to participate in **decision-making boards** so that they can share their experiences.
  - How have you observed youth involvement in decision-making at your organization? What have been the benefits and challenges?
  - What more could be done to enhance young people's involvement?
  - How could you support greater youth involvement in advocacy?



## References and Resources on Supporting Young People in their Advocacy

- 
- Advocates for Youth. (2008). *Policy and advocacy resources*.  
<http://www.advocatesforyouth.org/policy-and-advocacy/activist-resources>
- Blakeslee, J. (2018). Assessing the meaningful inclusion of youth voice in policy and practice. *Focal Point: Youth, Young Adults, and Mental Health. Community Integration: State of the Science*, 32, 9-11. <https://www.pathwaysrtc.pdx.edu/focal-point-S1805>
- Blakeslee, J. & Walker, J. (2018). *Assessing the meaningful inclusion of youth voice in policy and practice: State of the Science*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/state-of-the-science-articles-2018-spac.pdf>
- Cady, D. & Lulow, E.C. (2015). Trauma-informed method of engagement TIME for youth advocacy. *Focal Point: Youth, Young Adults, & Mental Health. Trauma-Informed Care*, 29, 24-27.  
<https://www.pathwaysrtc.pdx.edu/pdf/fpS1508.pdf>
- Burk, L. K., Bergan, J., Long, J., Noelle, R., Soto, R., Richardson, R., & Waetzig, E. (2013). *Youth advocate to advocate for youth: The next transition*. Portland, OR: Research and Training Center for Pathways to Positive Futures.  
<https://www.pathwaysrtc.pdx.edu/pdf/pb-Youth-Advocacy-Guide.pdf>
- Foster Youth in Action, Rosen, M., Gennari, A., & Mandic, C. (2018). *Youth-led organizing: A strategy for healing and Child Welfare systems change*.  
<https://app.box.com/s/0es0u92cfsnrponscxftg5s6141ovtc>
- Jivanjee, P., Brennan, E. M., Sellmaier, C., Gonzalez-Prats, M. C., & Members of the Pathways Transition Training Collaborative. (2016). *Achieving cross-system collaboration to support young people in the transition years: A tip sheet for service providers*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/projPTTP-cross-system-collaboration-tip-sheet.pdf>
- Koroloff, N., Friesen, B., & Buekea, N. (2016). *Advice to young adults from young adults: Helpful hints for policy change in the mental health system*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/proj-4-SPAC-advice-to-youth-from-youth.pdf>
- National Child Welfare Workforce Institute. (2017). Partnership for Sustainable Change (online course with handouts). <http://courses.ncwwi.org/course/view.php?id=80#section-0>
-

North American Council on Adoptable Children (NCAC). (2002-2018). *Resources on youth advocacy and support*.  
<https://www.nacac.org/help/be-a-youth-advocate/resources-on-youth-advocacy-or-support/>

Pathways Transition Training Partnership. (2013). *Module 8: Planning partnerships with providers of other services and collaborating to bridge service gaps* (online training module featuring Dr. Don Schweitzer and Martin Rafferty).  
<https://www.pathwaysrtc.pdx.edu/pathways-transition-training-modules#>

Rosen, M., & Gennari, A. (2018). *Sharing power: History and contributions of youth organizing in the continuum of youth engagement*. Baltimore, MD: Annie E. Casey Foundation.  
<https://www.aecf.org/m/resourcedoc/AECF-SharingPower-2018.pdf>

Transition Policy Consortium. (2013). *Defining, supporting, and sustaining the peer support specialist role FAQ*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/proj4-peer-support-FAQ.pdf>

Walker, J. & Blakeslee, J. (2018). *Youth/young adult voice in agency- and system-level advising and decision making: The Y-VAL and Y-VOC assessment*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/state-of-the-science-summaries-2018-yval.pdf>

Walker, J. S. & Powers, L. E. (2007). *Introduction to the Youth Self-Efficacy Scale/Mental Health and the Youth Participation in Planning Scale*. Portland, OR: Research and Training Center on Family Support and Children's Mental Health, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/pbCompleteSurveyPacket.pdf>

Youth MOVE National. (2018). *Advocate: advocacy resources*. [website with resources].  
<https://www.youthmovenational.org/advocate/>

Advocates for Youth. (2008). *Policy and advocacy resources*.  
<http://www.advocatesforyouth.org/policy-and-advocacy/activist-resources>

Blakeslee, J. (2018). Assessing the meaningful inclusion of youth voice in policy and practice. *Focal Point: Youth, Young Adults, and Mental Health. Community Integration: State of the Science*, 32, 9-11. <https://www.pathwaysrtc.pdx.edu/focal-point-S1805>

Blakeslee, J. & Walker, J. (2018). *Assessing the meaningful inclusion of youth voice in policy and practice: State of the Science*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.  
<https://www.pathwaysrtc.pdx.edu/pdf/state-of-the-science-articles-2018-spac.pdf>

Cady, D. & Lulow, E.C. (2015). Trauma-informed method of engagement TIME for youth advocacy. *Focal Point: Youth, Young Adults, & Mental Health*. Trauma-Informed Care, 29, 24-27. <https://www.pathwaysrtc.pdx.edu/pdf/fpS1508.pdf>

Burk, L. K., Bergan, J., Long, J., Noelle, R., Soto, R., Richardson, R., & Waetzig, E. (2013). *Youth advocate to advocate for youth: The next transition*. Portland, OR: Research and Training Center for Pathways to Positive Futures. <https://www.pathwaysrtc.pdx.edu/pdf/pb-Youth-Advocacy-Guide.pdf>

Foster Youth in Action, Rosen, M., Gennari, A., & Mandic, C. (2018). *Youth-led organizing: A strategy for healing and Child Welfare systems change*. <https://app.box.com/s/0es0u92cfsnrponscxftg5s6141ovtc>

Jivanjee, P., Brennan, E. M., Sellmaier, C., Gonzalez-Prats, M. C., & Members of the Pathways Transition Training Collaborative. (2016). *Achieving cross-system collaboration to support young people in the transition years: A tip sheet for service providers*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University. <https://www.pathwaysrtc.pdx.edu/pdf/projPTTP-cross-system-collaboration-tip-sheet.pdf>

Koroloff, N., Friesen, B., & Buekea, N. (2016). *Advice to young adults from young adults: Helpful hints for policy change in the mental health system*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University. <https://www.pathwaysrtc.pdx.edu/pdf/proj-4-SPAC-advice-to-youth-from-youth.pdf>

National Child Welfare Workforce Institute. (2017). Partnership for Sustainable Change (online course with handouts). <http://courses.ncwwi.org/course/view.php?id=80#section-0>

North American Council on Adoptable Children (NACAC). (2002-2018). *Resources on youth advocacy and support*. <https://www.nacac.org/help/be-a-youth-advocate/resources-on-youth-advocacy-or-support/>

Pathways Transition Training Partnership. (2013). *Module 8: Planning partnerships with providers of other services and collaborating to bridge service gaps* (online training module featuring Dr. Don Schweitzer and Martin Rafferty). <https://www.pathwaysrtc.pdx.edu/pathways-transition-training-modules#>

Rosen, M., & Gennari, A. (2018). *Sharing power: History and contributions of youth organizing in the continuum of youth engagement*. Baltimore, MD: Annie E. Casey Foundation. <https://www.aecf.org/m/resourcedoc/AECF-SharingPower-2018.pdf>

Transition Policy Consortium. (2013). *Defining, supporting, and sustaining the peer support specialist role FAQ*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University. <https://www.pathwaysrtc.pdx.edu/pdf/proj4-peer-support-FAQ.pdf>

Walker, J. & Blakeslee, J. (2018). *Youth/young adult voice in agency- and system-level advising and decision making: The Y-VAL and Y-VOC assessment*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.

<https://www.pathwaysrtc.pdx.edu/pdf/state-of-the-science-summaries-2018-yval.pdf>

Walker, J. S. & Powers, L. E. (2007). *Introduction to the Youth Self-Efficacy Scale/Mental Health and the Youth Participation in Planning Scale*. Portland, OR: Research and Training Center on Family Support and Children's Mental Health, Portland State University.

<https://www.pathwaysrtc.pdx.edu/pdf/pbCompleteSurveyPacket.pdf>

Youth MOVE National. (2018). *Advocate: advocacy resources*. [website with resources].

<https://www.youthmovenational.org/advocate/>